Herfstcriterium 2026: Session: 4: COACH evaluation sheet for TEAM: FIRST

Coachinfo: Warming up from: 13:00 untill 13:45. Teamleadmeeting @ The listed starttimes are indicative!

Coaches: Meersschaut Evelyn

Coaches: Huberty Maren

Coaches: Wielandt Pieter

Coaches: Mathys Jana

Coaches: De Noble Naomi

Coaches: De Backer Bart

Coaches: Debrouwere Ise HEADCOACH

PB => Personal Best time **SB => Seasons Best time: Season starting point: first of September.**

Event number: 20: 100M BREASTSTROKE MEN 13+ Heat:7, starttime: 14:15

Heat: 7/14 Lane : 1 Athlete: MILLET LUCAS **Q-time: 01:29:91**

PB (25m pool): 01:28.07 Dendermonde. 14/11/2026 **PB (50m pool):** 01:32.51 **SB:** 01:28.07 Dendermonde. 14/11/2026

	25 M	50 M	75 M	100 M	
PB		00:42.27		01:28.07	
		00:42.27		*00:45.80*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 20: 100M BREASTSTROKE MEN 13+ Heat:8, starttime: 14:15

Heat: 8/14 Lane : 2 Athlete: HOSTE LARS **Q-time: 01:26:22**

PB (25m pool): 01:26.22 Durmehal 27/09/2026 **PB (50m pool):** 01:30.88 **SB:** 01:26.22 Durmehal 27/09/2026

	25 M	50 M	75 M	100 M	
PB		00:41.05		01:26.22	
		00:41.05		*00:45.17*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 20: 100M BREASTSTROKE MEN 13+ Heat:10, starttime: 14:20

Heat: 10/14 Lane : 3 Athlete: GERRITSEN BRUNO **Q-time: 01:22:46**

PB (25m pool): 01:23.25 Sint-Amandsberg 18/10/2026 **PB (50m pool):** 01:22.46 **SB:** 01:23.25 Sint-Amandsberg 18/10/2026

	25 M	50 M	75 M	100 M	
PB		00:38.51		01:23.25	
		00:38.51		*00:44.74*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Herfstcriterium 2026: Session: 4: COACH evaluation sheet for TEAM: FIRST

Event number: 20: 100M BREASTSTROKE MEN 13+ — Heat:11, starttime: 14:20

Heat: 11/14 Lane : 4 Athlete: NEYRYNCK TIBO — **Q-time: 01:20:34**

PB (25m pool): 01:14.65 Zottegem 10/03/2019 **PB (50m pool):** 01:16.23 **SB:** no time

	25 M	50 M	75 M	100 M	
PB		no time		01:14.65	
		no time			
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 20: 100M BREASTSTROKE MEN 13+ — Heat:13, starttime: 14:25

Heat: 13/14 Lane : 5 Athlete: DEGRANDE LARS — **Q-time: 01:16:06**

PB (25m pool): 01:14.30 Nijlen 17/11/2024 **PB (50m pool):** 01:18.76 **SB:** no time

	25 M	50 M	75 M	100 M	
PB		00:34.65		01:14.30	
		00:34.65		*00:39.65*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 20: 100M BREASTSTROKE MEN 13+ — Heat:14, starttime: 14:25

Heat: 14/14 Lane : 3 Athlete: VAN RAEMDONCK CAMU — **Q-time: 01:11:61**

PB (25m pool): 01:11.61 Sportoase De Watermolen 21/07/2026 **PB (50m pool):** 01:15.24 **SB:** 01:12.32 Sint-Amandsberg 18/10/2026

	25 M	50 M	75 M	100 M	
PB		00:33.75		01:11.61	
		00:33.75		*00:37.86*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 20: 100M BREASTSTROKE MEN 13+ — Heat:14, starttime: 14:25

Heat: 14/14 Lane : 4 Athlete: SLOS ROBBIE — **Q-time: 01:11:09**

PB (25m pool): 01:11.09 EEKLO 04/10/2026 **PB (50m pool):** 01:12.94 **SB:** 01:11.09 EEKLO 04/10/2026

	25 M	50 M	75 M	100 M	
PB		00:34.01		01:11.09	
		00:34.01		*00:37.08*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Herfstcriterium 2026: Session: 4: COACH evaluation sheet for TEAM: FIRST

Event number: 21: 100M MEDLEY WOMEN 13+ — Heat:3, starttime: 14:35

Heat: 3/18 Lane : 7 Athlete: AKMAN REZZAN — **Q-time: 01:31:99**

PB (25m pool): 01:30.64 Dendermonde. 14/11/2026 **PB (50m pool):** no time **SB:** 01:30.64 Dendermonde. 14/11/2026

	25 M	50 M	75 M	100 M	
PB		no time		01:30.64	
	no time				
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 21: 100M MEDLEY WOMEN 13+ — Heat:5, starttime: 14:35

Heat: 5/18 Lane : 2 Athlete: VAN LOO CHARLOTTE — **Q-time: 01:28:42**

PB (25m pool): 01:27.70 Lokeren 29/09/2024 **PB (50m pool):** no time **SB:** no time

	25 M	50 M	75 M	100 M	
PB		no time		01:27.70	
	no time				
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 21: 100M MEDLEY WOMEN 13+ — Heat:8, starttime: 14:45

Heat: 8/18 Lane : 4 Athlete: DE BOCK AUDE — **Q-time: 01:22:50**

PB (25m pool): 01:22.50 WAREGEM 27/09/2025 **PB (50m pool):** no time **SB:** 01:33.12 Dendermonde. 14/11/2026

	25 M	50 M	75 M	100 M	
PB		no time		01:22.50	
	no time				
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 21: 100M MEDLEY WOMEN 13+ — Heat:9, starttime: 14:45

Heat: 9/18 Lane : 1 Athlete: VELGHE LAUREN — **Q-time: 01:22:34**

PB (25m pool): 01:21.45 Dendermonde. 14/11/2026 **PB (50m pool):** no time **SB:** 01:21.45 Dendermonde. 14/11/2026

	25 M	50 M	75 M	100 M	
PB		no time		01:21.45	
	no time				
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Herfstcriterium 2026: Session: 4: COACH evaluation sheet for TEAM: FIRST

Event number: 21: 100M MEDLEY WOMEN 13+ — Heat:10, starttime: 14:45

Heat: 10/18 Lane : 4 Athlete: VAN LOO HANNAH — **Q-time: 01:21:37**

PB (25m pool): 01:21.37 Durmehal 27/09/2026 **PB (50m pool):** no time **SB:** 01:21.37 Durmehal 27/09/2026

	25 M	50 M	75 M	100 M	
PB		00:37.34		01:21.37	
		00:37.34		*00:44.03*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 21: 100M MEDLEY WOMEN 13+ — Heat:11, starttime: 14:50

Heat: 11/18 Lane : 8 Athlete: NGABO ANNABELLE — **Q-time: 01:21:24**

PB (25m pool): 01:21.24 EEKLO 04/10/2026 **PB (50m pool):** no time **SB:** 01:21.24 EEKLO 04/10/2026

	25 M	50 M	75 M	100 M	
PB		no time		01:21.24	
		no time			
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 21: 100M MEDLEY WOMEN 13+ — Heat:13, starttime: 14:50

Heat: 13/18 Lane : 2 Athlete: MINNOYE YAANA — **Q-time: 01:19:36**

PB (25m pool): 01:19.36 Temse 21/12/2025 **PB (50m pool):** no time **SB:** 01:22.87 EEKLO 04/10/2026

	25 M	50 M	75 M	100 M	
PB		00:36.26		01:19.36	
		00:36.26		*00:43.10*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 21: 100M MEDLEY WOMEN 13+ — Heat:16, starttime: 15:00

Heat: 16/18 Lane : 4 Athlete: VAN GHELUE RINSKE — **Q-time: 01:16:40**

PB (25m pool): 01:15.93 Dendermonde. 14/11/2026 **PB (50m pool):** no time **SB:** 01:15.93 Dendermonde. 14/11/2026

	25 M	50 M	75 M	100 M	
PB		no time		01:15.93	
		no time			
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Herfstcriterium 2026: Session: 4: COACH evaluation sheet for TEAM: FIRST

Event number: 22: 50M BUTTERFLY WOMEN 11-12 — Heat:3, starttime: 15:05

Heat: 3/13 Lane : 7 Athlete: VERBUSTEL LORE — **Q-time: 00:48:24**

PB (25m pool): 00:48.24 BEERNEM 19/09/2026 **PB (50m pool):** no time **SB:** 00:48.24 BEERNEM 19/09/2026

	25 M	50 M	
PB		00:48.24	
	00:48.24		
	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 22: 50M BUTTERFLY WOMEN 11-12 — Heat:5, starttime: 15:10

Heat: 5/13 Lane : 3 Athlete: BOON MARGOT — **Q-time: 00:43:75**

PB (25m pool): 00:43.75 EEKLO 04/10/2026 **PB (50m pool):** 00:45.65 **SB:** 00:43.75 EEKLO 04/10/2026

	25 M	50 M	
PB		00:43.75	
	00:43.75		
	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 22: 50M BUTTERFLY WOMEN 11-12 — Heat:8, starttime: 15:15

Heat: 8/13 Lane : 3 Athlete: HERREGODS INE — **Q-time: 00:41:35**

PB (25m pool): 00:41.35 Sint-Amandsberg 18/10/2026 **PB (50m pool):** 00:46.00 **SB:** 00:41.35 Sint-Amandsberg 18/10/2026

	25 M	50 M	
PB		00:41.35	
	00:41.35		
	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 22: 50M BUTTERFLY WOMEN 11-12 — Heat:11, starttime: 15:15

Heat: 11/13 Lane : 1 Athlete: VAN LAETHEM ALEXIS — **Q-time: 00:39:81**

PB (25m pool): 00:39.81 BEERNEM 19/09/2026 **PB (50m pool):** 00:39.85 **SB:** 00:39.81 BEERNEM 19/09/2026

	25 M	50 M	
PB		00:39.81	
	00:39.81		
	. . : . . : . .	. . : . . : . .	

Coach feedback:

Herfstcriterium 2026: Session: 4: COACH evaluation sheet for TEAM: FIRST

Event number: 22: 50M BUTTERFLY WOMEN 11-12 — Heat:12, starttime: 15:20

Heat: 12/13 Lane : 1 Athlete: VAN CAENEGEM FIEN — **Q-time: 00:38:45**

PB (25m pool): 00:38.45 Waregem 26/09/2026 — **PB (50m pool):** 00:38.89 **SB:** 00:38.45 Waregem 26/09/2026

	25 M	50 M	
PB		00:38.45	
		00:38.45	
	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 22: 50M BUTTERFLY WOMEN 11-12 — Heat:13, starttime: 15:20

Heat: 13/13 Lane : 3 Athlete: BRUNET MAXIME — **Q-time: 00:36:93**

PB (25m pool): 00:36.93 BEERNEM 19/09/2026 — **PB (50m pool):** 00:38.04 **SB:** 00:36.93 BEERNEM 19/09/2026

	25 M	50 M	
PB		00:36.93	
		00:36.93	
	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 22: 50M BUTTERFLY WOMEN 11-12 — Heat:13, starttime: 15:20

Heat: 13/13 Lane : 6 Athlete: BAEYENS EMKE — **Q-time: 00:37:42**

PB (25m pool): 00:37.42 Sint-Amandsberg 18/10/2026 — **PB (50m pool):** no time **SB:** 00:37.42 Sint-Amandsberg 18/10/2026

	25 M	50 M	
PB		00:37.42	
		00:37.42	
	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 23: 50M BUTTERFLY MEN 13+ — Heat:3, starttime: 15:25

Heat: 3/16 Lane : 1 Athlete: MILLET LUCAS — **Q-time: 00:39:58**

PB (25m pool): 00:39.58 EEKLO 04/10/2026 — **PB (50m pool):** 00:45.91 **SB:** 00:39.58 EEKLO 04/10/2026

	25 M	50 M	
PB		00:39.58	
		00:39.58	
	. . : . . : . .	. . : . . : . .	

Coach feedback:

Herfstcriterium 2026: Session: 4: COACH evaluation sheet for TEAM: FIRST

Event number: 23: 50M BUTTERFLY MEN 13+ — Heat:3, starttime: 15:25

Heat: 3/16 Lane : 8 Athlete: GERRITSEN BRUNO — **Q-time: 00:39:70**

PB (25m pool): 00:40.43 Sint-Amandsberg 19/10/2025 **PB (50m pool):** 00:39.70 **SB:** no time

	2 5 M	5 0 M	
PB		00:40.43	
		00:40.43	
	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 23: 50M BUTTERFLY MEN 13+ — Heat:6, starttime: 15:25

Heat: 6/16 Lane : 2 Athlete: VAN LOO MATHIAS — **Q-time: 00:35:08**

PB (25m pool): 00:35.08 EEKLO 04/10/2026 **PB (50m pool):** 00:36.74 **SB:** 00:35.08 EEKLO 04/10/2026

	2 5 M	5 0 M	
PB		00:35.08	
		00:35.08	
	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 23: 50M BUTTERFLY MEN 13+ — Heat:8, starttime: 15:30

Heat: 8/16 Lane : 4 Athlete: HOSTE LARS — **Q-time: 00:33:57**

PB (25m pool): 00:33.57 EEKLO 04/10/2026 **PB (50m pool):** 00:33.78 **SB:** 00:33.57 EEKLO 04/10/2026

	2 5 M	5 0 M	
PB		00:33.57	
		00:33.57	
	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 23: 50M BUTTERFLY MEN 13+ — Heat:12, starttime: 15:35

Heat: 12/16 Lane : 3 Athlete: SLOS ROBBIE — **Q-time: 00:31:04**

PB (25m pool): 00:30.36 Verbauwenbad 18/04/2022 **PB (50m pool):** 00:30.77 **SB:** 00:31.60 EEKLO 04/10/2026

	2 5 M	5 0 M	
PB		00:30.36	
		00:30.36	
	. . : . . : . .	. . : . . : . .	

Coach feedback:

Herfstcriterium 2026: Session: 4: COACH evaluation sheet for TEAM: FIRST

Event number: 23: 50M BUTTERFLY MEN 13+ — Heat:14, starttime: 15:35

Heat: 14/16 Lane : 1 Athlete: DEGRANDE LARS — **Q-time: 00:29:76**

PB (25m pool): 00:29.76 Eeklo 19/04/2026 **PB (50m pool):** 00:30.27 **SB:** 00:29.89 Sint-Amandsberg 18/10/2026

	25 M	50 M	
PB		00:29.76	
		00:29.76	
	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 23: 50M BUTTERFLY MEN 13+ — Heat:15, starttime: 15:35

Heat: 15/16 Lane : 7 Athlete: VAN RAEMDONCK CAMU — **Q-time: 00:29:20**

PB (25m pool): 00:29.20 Sint-Amandsberg 18/10/2026 **PB (50m pool):** 00:30.62 **SB:** 00:29.20 Sint-Amandsberg 18/10/2026

	25 M	50 M	
PB		00:29.20	
		00:29.20	
	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 23: 50M BUTTERFLY MEN 13+ — Heat:16, starttime: 15:35

Heat: 16/16 Lane : 2 Athlete: NEYRYNCK TIBO — **Q-time: 00:28:46**

PB (25m pool): 00:28.46 Gent 23/02/2025 **PB (50m pool):** 00:28.64 **SB:** no time

	25 M	50 M	
PB		00:28.46	
		00:28.46	
	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 24: 200M BACKSTROKE WOMEN 13+ — Heat:2, starttime: 15:45

Heat: 2/13 Lane : 8 Athlete: DEPESTELE GITTE — **Q-time: 03:32:49**

PB (25m pool): 03:32.49 Sint-Amandsberg 19/10/2025 **PB (50m pool):** no time **SB:** no time

	25 M	50 M	75 M	100	125	150	175	200 M
PB		00:48.26		01:42.32		02:38.15		03:32.49
		00:48.26		*00:54.06*		*00:55.83*		*00:54.34*
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .

Coach feedback:

Herfstcriterium 2026: Session: 4: COACH evaluation sheet for TEAM: FIRST

Event number: 24: 200M BACKSTROKE WOMEN 13+ — Heat:3, starttime: 15:50

Heat: 3/13 Lane : 2 Athlete: AKMAN REZZAN — **Q-time: 03:15:57**

PB (25m pool): 03:15.57 Zottegem 01/03/2026 — **PB (50m pool):** 03:20.53 **SB:** 03:22.04 Sint-Amandsberg 18/10/2026

	25M	50M	75M	100	125	150	175	200M
PB		00:46.94		01:37.88		no time		03:15.57
		00:46.94		*00:50.94*				
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .

Coach feedback:

Event number: 24: 200M BACKSTROKE WOMEN 13+ — Heat:7, starttime: 16:05

Heat: 7/13 Lane : 6 Athlete: VANCAYZEELE MARGAUX — **Q-time: 02:56:16**

PB (25m pool): 02:56.16 Zottegem 01/03/2026 — **PB (50m pool):** 03:01.72 **SB:** no time

	25M	50M	75M	100	125	150	175	200M
PB		00:42.31		01:26.66		no time		02:56.16
		00:42.31		*00:44.35*				
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .

Coach feedback:

Event number: 24: 200M BACKSTROKE WOMEN 13+ — Heat:9, starttime: 16:10

Heat: 9/13 Lane : 3 Athlete: VAN GHELUE RINSKE — **Q-time: 02:48:67**

PB (25m pool): 02:48.67 Sint-Amandsberg 19/10/2025 — **PB (50m pool):** 02:51.11 **SB:** no time

	25M	50M	75M	100	125	150	175	200M
PB		00:40.62		01:23.97		02:07.47		02:48.67
		00:40.62		*00:43.35*		*00:43.50*		*00:41.20*
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .

Coach feedback:

Event number: 24: 200M BACKSTROKE WOMEN 13+ — Heat:9, starttime: 16:10

Heat: 9/13 Lane : 4 Athlete: NGABO ANNABELLE — **Q-time: 02:47:85**

PB (25m pool): 02:47.85 EEKLO 04/10/2026 — **PB (50m pool):** 02:53.19 **SB:** 02:47.85 EEKLO 04/10/2026

	25M	50M	75M	100	125	150	175	200M
PB		00:40.22		01:22.76		no time		02:47.85
		00:40.22		*00:42.54*				
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .

Coach feedback:

Herfstcriterium 2026: Session: 4: COACH evaluation sheet for TEAM: FIRST

Event number: 24: 200M BACKSTROKE WOMEN 13+ — Heat:11, starttime: 16:20

Heat: 11/13 Lane : 8 Athlete: MINNOYE YAANA — **Q-time: 02:44:73**

PB (25m pool): 02:44.73 Sint-Amandsberg 19/10/2025 **PB (50m pool):** 02:50.04 **SB:** 02:48.27 EEKLO 04/10/2026

	25 M	50 M	75 M	100	125	150	175	200 M
PB		00:38.15		01:20.49		02:02.76		02:44.73
		00:38.15		*00:42.34*		*00:42.27*		*00:41.97*
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .

Coach feedback:

Event number: 25: 100M FREESTYLE MEN 11-12 — Heat:6, starttime: 16:40

Heat: 6/12 Lane : 4 Athlete: DE KEIJSER STAF — **Q-time: 01:19:99**

PB (25m pool): 01:19.99 Sint-Amandsberg 18/10/2026 **PB (50m pool):** 01:23.54 **SB:** 01:19.99 Sint-Amandsberg 18/10/2026

	25 M	50 M	75 M	100 M	
PB		00:37.56		01:19.99	
		00:37.56		*00:42.43*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 25: 100M FREESTYLE MEN 11-12 — Heat:7, starttime: 16:45

Heat: 7/12 Lane : 1 Athlete: DE KEIJSER RAF — **Q-time: 01:19:70**

PB (25m pool): 01:19.70 Sint-Amandsberg 18/10/2026 **PB (50m pool):** 01:24.83 **SB:** 01:19.70 Sint-Amandsberg 18/10/2026

	25 M	50 M	75 M	100 M	
PB		00:37.44		01:19.70	
		00:37.44		*00:42.26*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 25: 100M FREESTYLE MEN 11-12 — Heat:8, starttime: 16:45

Heat: 8/12 Lane : 4 Athlete: COSYN MATS — **Q-time: 01:18:02**

PB (25m pool): 01:17.44 DENDERMONDE 14/11/2026 **PB (50m pool):** 01:19.63 **SB:** 01:17.44 DENDERMONDE 14/11/2026

	25 M	50 M	75 M	100 M	
PB		00:36.32		01:17.44	
		00:36.32		*00:41.12*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Herfstcriterium 2026: Session: 4: COACH evaluation sheet for TEAM: FIRST

Event number: 25: 100M FREESTYLE MEN 11-12 — Heat:8, starttime: 16:45

Heat: 8/12 Lane : 5 Athlete: HELSKENS LEX — **Q-time: 01:18:12**

PB (25m pool): 01:18.12 Sint-Amandsberg 18/10/2026 **PB (50m pool):** 01:25.39 **SB:** 01:18.12 Sint-Amandsberg 18/10/2026

	25 M	50 M	75 M	100 M	
PB		00:37.38		01:18.12	
		00:37.38		*00:40.74*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 25: 100M FREESTYLE MEN 11-12 — Heat:9, starttime: 16:45

Heat: 9/12 Lane : 6 Athlete: BOGAERT OSCAR — **Q-time: 01:17:29**

PB (25m pool): 01:17.29 Sint-Amandsberg 18/10/2026 **PB (50m pool):** 01:27.97 **SB:** 01:17.29 Sint-Amandsberg 18/10/2026

	25 M	50 M	75 M	100 M	
PB		00:36.56		01:17.29	
		00:36.56		*00:40.73*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 25: 100M FREESTYLE MEN 11-12 — Heat:10, starttime: 16:50

Heat: 10/12 Lane : 1 Athlete: MILLET NOAH — **Q-time: 01:16:79**

PB (25m pool): 01:16.79 Temse 31/05/2026 **PB (50m pool):** 01:20.89 **SB:** 01:17.06 EEKLO 04/10/2026

	25 M	50 M	75 M	100 M	
PB		00:36.97		01:16.79	
		00:36.97		*00:39.82*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 25: 100M FREESTYLE MEN 11-12 — Heat:10, starttime: 16:50

Heat: 10/12 Lane : 2 Athlete: VERMEIR CAS — **Q-time: 01:16:74**

PB (25m pool): 01:16.74 Sint-Amandsberg 18/10/2026 **PB (50m pool):** 01:20.51 **SB:** 01:16.74 Sint-Amandsberg 18/10/2026

	25 M	50 M	75 M	100 M	
PB		00:37.13		01:16.74	
		00:37.13		*00:39.61*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Herfstcriterium 2026: Session: 4: COACH evaluation sheet for TEAM: FIRST

Event number: 25: 100M FREESTYLE MEN 11-12 — Heat:10, starttime: 16:50

Heat: 10/12 Lane : 8 Athlete: VEYS ARTHUR — **Q-time: 01:16:83**

PB (25m pool): 01:16.62 DENDERMONDE 14/11/2026 **PB (50m pool):** 01:16.83 **SB:** 01:16.62 DENDERMONDE 14/11/2026

	25 M	50 M	75 M	100 M	
PB		00:35.58		01:16.62	
		00:35.58		*00:41.04*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 25: 100M FREESTYLE MEN 11-12 — Heat:11, starttime: 16:50

Heat: 11/12 Lane : 5 Athlete: COESSENS KOBE — **Q-time: 01:14:58**

PB (25m pool): 01:14.58 EEKLO 04/10/2026 **PB (50m pool):** 01:17.01 **SB:** 01:14.58 EEKLO 04/10/2026

	25 M	50 M	75 M	100 M	
PB		00:35.78		01:14.58	
		00:35.78		*00:38.80*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 25: 100M FREESTYLE MEN 11-12 — Heat:11, starttime: 16:50

Heat: 11/12 Lane : 8 Athlete: MATAIGNE MICHEL — **Q-time: 01:15:41**

PB (25m pool): 01:16.93 Eeklo 19/04/2026 **PB (50m pool):** 01:15.41 **SB:** no time

	25 M	50 M	75 M	100 M	
PB		00:36.51		01:16.93	
		00:36.51		*00:40.42*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 26: 100M BREASTSTROKE WOMEN 11-12 — Heat:2, starttime: 16:55

Heat: 2/15 Lane : 1 Athlete: WALGRAEVE AXELLE — **Q-time: 02:00:10**

PB (25m pool): 01:55.21 Dendermonde. 14/11/2026 **PB (50m pool):** no time **SB:** 01:55.21 Dendermonde. 14/11/2026

	25 M	50 M	75 M	100 M	
PB		00:53.65		01:55.21	
		00:53.65		*01:01.56*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Herfstcriterium 2026: Session: 4: COACH evaluation sheet for TEAM: FIRST

Event number: 26: 100M BREASTSTROKE WOMEN 11-12 — Heat:4, starttime: 17:00

Heat: 4/15 Lane : 4 Athlete: VERBUSTEL LORE — **Q-time: 01:49:44**

PB (25m pool): 01:49.44 Sint-Amandsberg 18/10/2026 **PB (50m pool):** 01:53.88 **SB:** 01:49.44 Sint-Amandsberg 18/10/2026

	25 M	50 M	75 M	100 M	
PB		00:51.94		01:49.44	
		00:51.94		*00:57.50*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 26: 100M BREASTSTROKE WOMEN 11-12 — Heat:4, starttime: 17:00

Heat: 4/15 Lane : 5 Athlete: BOON MARGOT — **Q-time: 01:49:62**

PB (25m pool): 01:49.62 Durmehal 27/09/2026 **PB (50m pool):** 02:01.36 **SB:** 01:49.62 Durmehal 27/09/2026

	25 M	50 M	75 M	100 M	
PB		00:52.46		01:49.62	
		00:52.46		*00:57.16*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 26: 100M BREASTSTROKE WOMEN 11-12 — Heat:6, starttime: 17:05

Heat: 6/15 Lane : 2 Athlete: HERREGODS INE — **Q-time: 01:47:32**

PB (25m pool): 01:47.32 EEKLO 04/10/2026 **PB (50m pool):** 01:48.54 **SB:** 01:47.32 EEKLO 04/10/2026

	25 M	50 M	75 M	100 M	
PB		00:50.11		01:47.32	
		00:50.11		*00:57.21*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 26: 100M BREASTSTROKE WOMEN 11-12 — Heat:7, starttime: 17:10

Heat: 7/15 Lane : 3 Athlete: VAN LAETHEM ALEXIS — **Q-time: 01:44:41**

PB (25m pool): 01:48.90 Sint-Amandsberg 18/10/2026 **PB (50m pool):** 01:44.41 **SB:** 01:48.90 Sint-Amandsberg 18/10/2026

	25 M	50 M	75 M	100 M	
PB		00:52.18		01:48.90	
		00:52.18		*00:56.72*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Herfstcriterium 2026: Session: 4: COACH evaluation sheet for TEAM: FIRST

Event number: 26: 100M BREASTSTROKE WOMEN 11-12 — Heat:7, starttime: 17:10

Heat: 7/15 Lane : 5 Athlete: VAN CAENEGEM FIEN — **Q-time: 01:44:11**

PB (25m pool): 01:52.80 TEMSE 23/11/2025 **PB (50m pool):** 01:44.11 **SB:** no time

	25 M	50 M	75 M	100 M	
PB		00:52.82		01:52.80	
		00:52.82		*00:59.98*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 26: 100M BREASTSTROKE WOMEN 11-12 — Heat:14, starttime: 17:25

Heat: 14/15 Lane : 7 Athlete: BAEYENS EMKE — **Q-time: 01:33:85**

PB (25m pool): 01:33.85 Sint-Amandsberg 18/10/2026 **PB (50m pool):** 01:41.78 **SB:** 01:33.85 Sint-Amandsberg 18/10/2026

	25 M	50 M	75 M	100 M	
PB		00:45.64		01:33.85	
		00:45.64		*00:48.21*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 26: 100M BREASTSTROKE WOMEN 11-12 — Heat:15, starttime: 17:25

Heat: 15/15 Lane : 7 Athlete: BRUNET MAXIME — **Q-time: 01:31:31**

PB (25m pool): 01:28.11 Dendermonde. 14/11/2026 **PB (50m pool):** 01:34.94 **SB:** 01:28.11 Dendermonde. 14/11/2026

	25 M	50 M	75 M	100 M	
PB		00:42.12		01:28.11	
		00:42.12		*00:45.99*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback: